Ellington Recreation Department Program Guide

September 2022 Edition



It's hard to believe that registration is already underway for many of our fall programs and even some of our more popular winter offerings. In the guide below you will notice many of our popular programs ranging from our new track and field program to our youth basketball league and our annual 5k.

Please be sure to register for any program that your are interested in at your earliest convenience as it has not been uncommon for some programs to reach maximum capacity in as little as a day.

Thanks again for your continued support and we look forward to seeing you in our parks and on our courts!

Dustin Huguenin Ellington Recreation Director

TRAVEL, RECREATIONAL & INSTRUCTIONAL BASKETBALL REGISTRATION



Youth Basketball Registration for the 2022 - 2023 Season is now open for grades 3 - 12! If you're interested in either travel/recreational or instructional basketball all you need do is register by clicking the below links for the appropriate grade levels. During registration please indicate if your child will be participating in travel team tryouts. Tryouts will be held in mid-October and will be announced soon. If interested in registering for 9-12th Grade Girls please email the recreation dept. at: recreationstaff@ellington-ct.gov

4 Year Olds	Kindergarteners	First Graders
2nd Graders	3rd & 4th Grade Girls	3rd & 4th Grade Boys
5th & 6th Grade Girls	5th & 6th Grade Boys	7th & 8th Grade Girls
7th & 8th Grade Boys		9th - 12th Grade Boys



Adult (30+) Pick Up Basketball - Residents Only

Informal pick up style basketball for adults aged 30 and up. Play begins on September 12 at 5:30 - 8:30 PM and continues every Monday through June 5, 2023.

Register Here

High School Fall Pick Up Basketball



This is a low cost informal pick up basketball opportunity for any high schooler that wants to play the game in a stress free environment. Play begins on 9/28 and continues every Wednesday through 11/16.

High School Girls

High School Boys



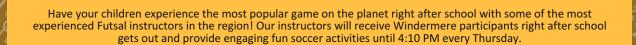
Soccer for 2 Year Olds

For children ages 2 to 3 years old, it is all about kicking the ball, running and having fun! Our coaches are specialized on showing beginning players how to do their best – and have fun.

Program runs on Saturday mornings from 11:00 - 11:45 AM from 9/10 - 10/15.

Register Here

Windermere After School Soccer (Grades K-2)



Register Here

YOUTH TENNIS PROGRAMS



Pee Wee Tennis Ages 6 & 7 Peewee Tennis is a soft introduction to tennis. We introduce a variety of activities using scaled-down equipment that are easily handled by children at this age level.



Tiny Tot Tennis Ages 4 & 5 The Philosophy for Tiny Tots is to provide a fun atmosphere for learning tennis. Emphasis will be made on hand-eye coordination, body movements, and ball skills.



Youth Tennis Ages 8-13 Designed to build a solid tennis foundation. Focus is on developing the ABCs (agility, balance, and coordination) while forming skills necessary to serve, rally, & score.

(Sept. 10 - Oct 1.)

(Sept. 10 - Oct 1.)

(Sept. 10 - Oct. 1)

ADULT CO-ED VOLLEYBALL



Our adult co-ed volleyball program is offered during the school year from 7:30 to 9:00 PM every Wednesday night at Ellington Middle School. This program is not held on any day that the school is closed during the regular day. For more information and to register please follow the below link.

Register Here

JUKIDO

Jukido has blended techniques from jujitsu, judo, aikido and karate. Jukido is perfect for children ages 5 and over. Our program is led by the experienced and knowledgeable Jacob Ward and runs on Monday nights at Center School through out the year. For more information and to register please follow the below session links.

INDOOR PICKLEBALL



Now offering two days per week! This informal Pickleball program will be available indoors @ Crystal Lake Elementary School on Tuesdays and Thursdays from 5:30 - 7:00 PM from September 13 to December 20. Pickleball is a cross between tennis, badminton, and ping pong.

Register Here

YOUTH STRIDERS RUNNING CLUB

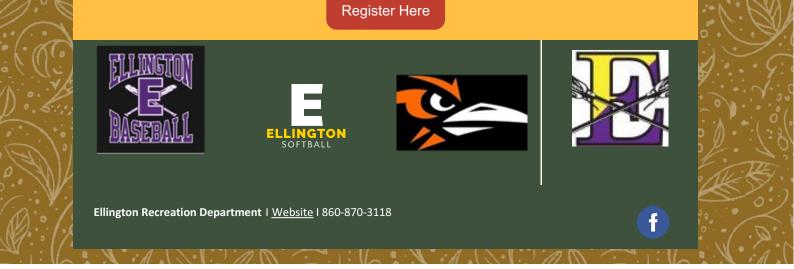
Our once very popular running program is coming back again! With the help of running enthusiasts and current and former track and field standouts participants will have fun learning and participating in this great lifelong activity. Stay tuned for upcoming registration details.

7-10 year olds

3RD ANNUAL ROBERT TEDFORD MEMORIAL 5K



On November 12 our annual Robert Tedford Memorial Road Race will return to some of Ellington's most picturesque roads. Winners will receive awards and all participants will receive race swag and custom finisher medals. Younger participants can also register for our smaller duration 3k.



Ellington Parks and Recreation - Ellington, CT | 31 Arbor Way, Ellington, CT 06029

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