



Ellington Recreation Department Program Guide

July 2022 Edition



I am pleased to announce that thanks to our aquatics director and guard staff our very popular summer swim lessons will once again return to the lake. All age eligible residents can register at the links just below this message. Please note that due to staffing constraints we are restricted in how many children we can accommodate so if you are interested, please do register as soon as you can to avoid any disappointment. I am also very pleased to say that our first ever middle school travel based day trip camp "Adventure Awaits" will run during the week of July 18 and there is still space left in the program so if you have an interest please do register as soon as possible to ensure your child can attend.

Finally, I would like to extend a special thanks to all of our young spring season athletes and also take a moment to specifically congratulate our Junior Girls lacrosse team (pictured below). The team led by Melissa Nord, Stephanie Nelson, and Lori Eckhardt displayed exceptional ability, growth, and resiliency to take home their first ever Division 1 championship just a couple of weeks ago.

The remainder of our July newsletter contains an array of great camps, programs, and activities for all ages, including our very popular fall developmental soccer programs. Please contact us if you have any questions or suggestions at all and as always thank you for your support and we look forward to seeing you at our many great facilities this summer!

Dustin Huguenin
Ellington Recreation Director



SWIM LESSONS @ SANDY BEACH



Level 1

Introduction to Water Skills
July 11-21 (Mon-Thurs)
10:40AM - 11:20AM

Students will learn how to feel comfortable in the water. Upon completion students will be able to enter and exit water safely, open eyes underwater and float on back.

Level 1

Level 2

Fundamentals of Aquatic Skills
July 11-21 (Mon-Thurs)
9:50 AM - 10:30AM

Students will learn basic swimming skills. Upon completion students will be able to roll over from front to back, swim on side, pick up submerged objects & tread water.

Level 2

Level 3

Stroke Development
July 11-21 (Mon-Thurs)
9:00 AM - 9:40AM

Students improve their skills. Upon completion students will be able to jump into deep water, perform survival float, butterfly kick, help & huddle positions, and front and crawl

Level 3

Adventure Awaits!



A Travel Experience Day Camp Exclusively for Middle School Aged Children

Give your middle schoolers the freedom they crave by joining this fun and supervised travel based camp! Participants will be transported to the most sought after destinations in southern New England under the watchful eye of our most experienced counselors, Erin Breen & Lesley VanDeventer. This camp is our first of its kind and this summer will run just Mon thru Thurs, July 18 - July 21. Registration space & time is limited so don't delay! Registration costs just \$285 for the week and includes transportation, trip admission, and two t-shirts for each participant.

Registration closes Sunday, July 10 or until maximum enrollment is reached.

[Register Here](#)

ELLINGTON'S ULTIMATE SUMMER DAY CAMP

Every Camper Gets a Free Lunch Every Day!



Our camp will offer a variety of themed weeks complete with various entertainers, events and activities!

Full day camp care will begin on June 27 and run for 8 weeks all the way through August 19. Camp is held daily from 8:30 AM to 4:00 PM with the option for an additional hour (4-5PM) for just \$10 per day.

Remember to register the Friday before the week you want your child to attend. This program has grown significantly in popularity and space can no longer be guaranteed. Register today to avoid disappointment!

Register by Week Directly Below

Wk 1 (June 27)

Wk 2 (July 6)

Wk 3 (July 11)

Wk 4 (July 18)

Wk 5 (July 25)

Wk 6 (Aug 1)

Wk 7 (Aug 8)

Wk 8 (Aug 14)

2022 Sandy Beach - Crystal Lake Pass Information



Get your season passes today!

Hours of Operation

Weekdays, June 16 - August 21: 11:30 - 5:30

Weekends, June 16 - August 21: 10:30 - 6:00

Season passes (Ellington Residents Only) cost just \$70.00 and grant all members of your household access for the entire summer! Buy your pass online and save time! Once purchased online your pass will be mailed to your address within 5 business days. Visit our website to find full information on the fee structure of our day passes for residents and non-residents.

[Buy Your Season Pass Here](#)

[Visit Our Beach Webpage](#)

Fall Developmental Soccer

Our developmental soccer programs are instructionally based and led by parent coaches. Our young players generally practice fundamental soccer skills and play small sided games with other age appropriate Ellington children. Please contact us if you are interested in coaching!



3&4 Year Olds

Kindergarteners

1st Graders

2nd Graders

Fall Recreational Soccer

Registration is still open for Recreational Soccer and no try-outs are required for these teams! Generally teams practice 1-2 times per week and play a game against local area teams each weekend. We are always looking for volunteer coaches, please contact us if you are interested!



3rd Grade Boys

4th Grade Boys

5th Grade Boys

6th Grade Boys

3rd Grade Girls

4th Grade Girls

5th Grade Girls

6th Grade Girls

7th Grade Girls

7th Grade Boys

8th Grade Boys

8th Grade Girls

Soccer Camps

Everton FC Soccer Camps

Learn to play the Everton way! Everton FC is one of the most storied soccer teams in all of England and their professional staff are coming back to Ellington again! All curriculum is designed by Everton FC club coaches.



Register for age 8-14

Register for ages 5-7

NJD Soccer Camps

NJD has enthusiastic, and empathetic coaches who can relate to players which will accelerate their overall development. NJD equips players with the skills they need to succeed, and also ensures players stay engaged.



Register for 5-day July camp

Register for 3-Day July Elite Training



If you're soccer player is looking for a change of scenery, check out Eastern Connecticut State University Summer Soccer Camps. These camps are led by the 17 time champion ECSU coaching staff and current and former players. For more information visit www.easternyouthsocceramps.com.

Summer Tennis Programs



Pee Wee Tennis Ages 6 & 7

Peewee Tennis is a soft introduction to tennis. We introduce a variety of activities using scaled-down equipment that are easily handled by children at this age level.

Session 1 (July 11-14)

Session 2 (July 25-28)

Session 3 (Aug. 8-11)



Tiny Tot Tennis Ages 4 & 5

The Philosophy for Tiny Tots is to provide a fun atmosphere for learning tennis. Emphasis will be made on hand-eye coordination, body movements, and ball skills.

Session 1 (July 11-14)

Session 2 (July 25-28)

Session 3 (Aug. 8-11)



Youth Tennis Ages 8-13

Designed to build a solid tennis foundation. Focus is on developing the ABCs (agility, balance, and coordination) while forming skills necessary to serve, rally, & score.

Session 1 (July 11-14)

Session 2 (July 25-28)

Session 3 (Aug. 8-11)

Adult Tennis Programs



Adult Lessons

Lessons are instructed by Rich Willis at the Schwartz Park Tennis Courts. These classes are intended for those past high school age. In the event of inclement weather, a make-up class will be conducted following the regular session.

Beginner Lessons



Cardio Tennis

Join Rich Willis at the Schwartz Park Tennis Courts on Saturday mornings for the best low impact 90-minute mix of tennis and cardio exercises to both get you in shape to play tennis and to have you feeling better in general. Classes run weekly for a 5-week session.

Advanced Lessons

Youth Sport Camps



Summer Basketball Camp (Grades 2-4)

For players entering grades 2-4 this camp is led by longtime head coach Phil Fleury and his staff of current and former EHS players. Campers will be taught the basic skills of shooting, dribbling, passing, rebounding and defense through fun games and activities.

Grades 2-4



Wiffle Ball Camp

Everyone's favorite backyard game! The sight of the white plastic ball knuckling through the air. The sound of the yellow plastic bat as it makes contact with the ball. Participants will participate in games, home run derby's, and playoffs!

Ages 9-16; July 18-22; 9AM - 11AM; at EHS

[Register Here](#)

Skyhawks Summer Sport Camps



Skyhawks Volleyball Camps

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun-filled camp. All aspects of the game are taught through drills and exercises that focus on game skills. Camps are offered for 9-11 year olds and for Grades 6-9.

[Register Here](#)



Skyhawks Track & Field Camp

This program introduces young athletes to this sport rich in tradition and history. These programs combine technical development and fundamentals with a major focus on fun! Ages 7-12

[Register Here](#)



ELLINGTON ROADRUNNERS YOUTH FOOTBALL & CHEER

REGISTRATION OPENS MARCH 1, 2022

Football Registration is Open Now! Learn to play the ROADRUNNER way. Register online at
ellingtonroadrunners.com

Please visit the websites below for information on other Youth Sports Programs



Ellington Recreation Department | [Website](#) | 860-870-3118



Ellington Parks and Recreation - Ellington, CT | 31 Arbor Way, Ellington, CT 06029

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